

# Laws Across the USA

States without a Massage Law <sup>1</sup>	States Exempting Reflexology in some way from the massage law <sup>2, 3 &amp; 9</sup>	States with a Reflexology Law
Kansas <sup>14</sup> Minnesota <sup>15</sup> Wyoming	Alaska Arizona California <sup>4</sup> Colorado Connecticut <sup>5</sup> Georgia Idaho Illinois <sup>6</sup> Indiana Iowa Kentucky Maine Maryland <sup>7</sup> Massachusetts <sup>7</sup> Michigan Minnesota <sup>8</sup> Missouri	Montana Nevada New Hampshire New Jersey New Mexico North Carolina <sup>9</sup> North Dakota Oklahoma <sup>10</sup> Oregon <sup>10</sup> Pennsylvania Rhode Island <sup>8</sup> South Dakota Tennessee <sup>11</sup> Texas <sup>12</sup> Utah Vermont <sup>13</sup> Washington Wisconsin
		North Dakota - 1992 (Licensing law)  Tennessee - 2001 (Registration law) <sup>12</sup>  New Hampshire - 2010 (Licensing law with 2 other disciplines)  Washington - 2012 (Licensing law with massage)  Nevada - 2018 (Licensing law with 1 other discipline)

**NOTES:**

1. Reflexology is not regulated and not licensed under massage.
  2. In order to practice legally in those states with a massage law and no exemption, reflexology is often licensed under massage through the broad definition of massage contained in the law. Reflexologists will need to check with the Massage Board and its Rules and Regulations to determine if reflexology is covered and abide accordingly.
  3. Where reflexology is exempt from the state massage law (either by exact use of the word reflexology or wording indicating “work restricted to the feet, hands and outer ears”), the reflexologist must abide by local rules and regulations of the city or county and have a license to do business.
  4. California has “voluntary certification” for massage therapists. There is no such thing as a state massage license. However, therapists can obtain a voluntary massage therapy certification from the California Massage Therapy Council (CAMTC) that allows therapists to practice anywhere in CA without needing to meet additional requirements. However, many jurisdictions require CAMTC certification to practice any type of hands-on complementary therapy. This rule has been applied in some locales to reflexologists. If you have a problem contact ARCB or RAA
  5. Based on possible AG ruling, Health Freedom (Safe Harbor) bill to be introduced in 2022 session
  6. Exemption extended until 1/2027
  7. Based on reflexology considered energy work; state looking to force everyone who touches the body under one law
  8. Under Health Freedom of Access law
  9. Previous legislative agreement with the Massage Board that only those ARCB certified by 3/31/2020 whose certification with ARCB does not lapse may claim exempt status. Licensing bill pending
  10. Title law only protecting use of massage title.
  11. Must be a graduate of a State Tennessee approved school.
  12. On website of the Massage Board’s FAQ page
  13. Act 178 went into effect April 1, 2021 and requires anyone in any sort of touch profession to register with the Office of Professional Regulation (OPR). It is not licensure, but a registration process.
  14. Bill for the licensure of massage therapy that provides exemptions for reflexology introduced in 2021.
  15. Massage bill in 2022 session died in committee.
- Special Note:** The states listed do not equal 50. Space on the page does not permit listing states that license reflexology under massage—only those that exempt reflexology in some way. NY requires licensing under massage as do the states of Florida and Hawaii, but it may not be limited to only these 3 states. Some states even license reflexology under cosmetology (i.e., Louisiana).

Safeguarding exemptions requires monthly checking of proposed bills by reflexologists in their own state for any changes.

Chart revised ARCB/RAA May 2022