

WHERE

SHOPPING, DINING, ENTERTAINMENT & MAPS NEW YORK



HOT TIPS SHOPPING

Of-the-moment news from the retail scene.
By Paulette Weiss

FEET FIRST

So, you're traipsing around town, sightseeing, shopping, dancing the night away. You don't know if your poor feet will survive the rest of your stay. Turn to **Laura Norman** (p 72), New York's top reflexologist, a woman who will take your feet in her hands and have them—and you—feeling like a million bucks in a matter of moments. If you don't have time for a rejuvenating session with Norman or one of her able associates, you can treat yourself to a pair of her miraculous reflexology shoes, or read her best-selling book, *Feet First: A Guide to Foot Reflexology*, and learn how to treat those doggies right.

THE GUIDE TO SHOPS AND SERVICES

Boutiques, department stores, malls and specialty shops galore

LAURA NORMAN—Laura Norman is a miracle worker. Her approach to reflexology treats not only the feet, but the entire physical and emotional well-being of the person who walks on them. Norman and her staff provide a skillful and caring foot massage that follows the principles of reflexology and actually affects the entire body, organs included. Here you'll also find Norman's comfy reflexology shoes that massage your feet as you walk, reflexology books and accessories. By appointment only. Park Ave at 36th St, 1-212-532-4404



REFLEXOLOGIST LAURA NORMAN HAS FEET ON HER MIND.